



Manuel Schneidmiller Post 154, Inc.

Rathdrum Idaho

Newsletter

Volume 3 Issue #6

June 2017

Email: rathdrum154@gmail.com

Website: Rathdrumpost154.org

Facebook: Manuel Schneidmiller Post 154

Mailing Address: PO Box 1116, Rathdrum ID

Meeting at: Lions Club 16114 N. Meyer Rd Rathdrum

Editor: Jean Bledsoe

Associate Editor: Lonnie Morse

Commander:

Good day Legion Family;

We are halfway through the year already. Wow, does time fly when you are having fun. We have accomplished so much already this year. Just to name a few, the Easter Egg Hunt, Stand Down, and the Poppy Program. And of course, Memorial Day. What a fantastic event we did for our community and our country. Thank you and keep up the great work! In last month's newsletter, I forgot to say I am grateful to have been elected your commander for the 2017-2018 year and I want to say thank you for your support. It takes the whole Legion family to make the post what it is and I look forward to working with each and every one of you.

Saying that brings to mind a few projects we have in the works and will be happening in the months ahead. We will be conducting a Flag Retirement Ceremony on Flag Day, June 14th, at the Lions. Rathdrum days are quickly approaching and will be in July. This year's theme is "First Responders." Again, this year we will be participating in the opening ceremony at the Rathdrum City Hall and then we will be in the parade consisting of our honor guard and a float. We are also currently putting together an American Legion Post 154 Harvest Festival for October. It is going to be fantastic and great for the whole family with pumpkin picking, food and games.

I want to leave you with these two quotes. I know that the same folks volunteer for every project and or event. Please if you can spare an hour to come and help we would welcome it with open arms.

"The best way to find yourself is to lose yourself in the service of others." -Mahatma Gandhi

"Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in." -Marjorie Moore

For God and Country, Commander Dee Sasse

2nd Vice-Commander:

As I step down from this position, and hand the office to Larry Carstensen, I simply want to thank you for your support and your assistance. I really enjoy our Post and am happy to contribute, but feel that my skills are better put to work keeping the books and making sure we pay the bills. Thank you, Larry for stepping up, and thank our members for allowing me to step into this position when it was vacant mid-year. - Len Crosby, 2nd Vice-Commander

Finance Officer:

Let me begin by thanking all of you who have signed up to participate in our Memorial Day Poppy Distribution. Our finances have improved by more than \$1,000 just from the first weekend's activities and I look forward to doubling or even tripling that over this coming weekend (May 26 and 27). We had a very small percentage of our Post volunteer to participate in this important fundraising activity, and several those who stepped up did more than one four-hour shift. This puts our name out in the Community, reminds people of what we stand for, and of the importance of remembering our fallen, and our Veterans on Memorial Day, and offers us the opportunity to reach out to Veterans who may not know that Rathdrum has its own American Legion. We need you to step up and fully support our Post and its activities.

To date, a team of two composed of ancient mariners from the Navy lead the other teams in donations from the distribution of Poppies. I think that is because they are naturally gifted people who reach out to people and because one is a retired Master Chief who is hard to argue with. Congratulations and a BIG THANK YOU to Charlie Till and Master Chief Mike Warren for their arm twisting abilities!!

Our mighty fundraising Committee has lots of plans for other opportunities to serve and assist this year, including our plans to create a Halloween Pumpkin Patch, so step up and help.

THANKS FOR ALL YOU DO! - Len Crosby, Finance Officer

Legislative Chairman:

I participated in a phone call with Col. David Brasuell of the Idaho Division of Veteran Services earlier this week. Col. Brasuell gave Sen. Bob Nonini, Tom Stoesser of the Jacklin Company and me an update on the status of our application to the VA for a construction grant to build a new Veterans Home in N. Idaho on land that the Jacklin family has donated.

In April of this year the new VA Secretary changed the design rules for new Veterans Homes to give States more flexibility in the design process and not mandate "small pod" designs which definitely increase costs of construction and operating costs, and which make NO SENSE in N. Idaho. Additionally, a survey of Veterans living in several of the newly built homes using this concept indicated that they did not like the 12-person pod buildings, and preferred the more standard style of home which offered more opportunities to interact with more of the residents.

This is great news for our application, and we are currently re-designing our plans and hope to resubmit them to VA in August. The new plans will call for a more centralized facility, will reduce construction costs by about 40%, reduce operating cost by at least 45%, and possibly allow us to build more than the originally planned 56 beds.

In addition, we secured the endorsement of Senators Crapo and Risch who both agreed to sign and support a letter to the VA requesting increased funding for the Veterans Home Program in the 2018 budget. With a new design, reduced costs and increased support, we continue to hope that our application will be approved and we can start construction on a new facility in Post Falls within the next 5 – 7 years. All you older folks, HANG IN THERE! – Len Crosby, Legislative Chairman

Chaplain's Pew:

June is so full of wonderful dates to remember. One of them is Flag Day, June 14. Why is it special and important for us to remember? In the [United States](#), Flag Day is celebrated on June 14. It commemorates the adoption of the [flag of the United States](#), which happened on June 14, 1777, by [resolution](#) of the [Second Continental Congress](#). Have you taken out our mini flag and practiced folding the flag and remembering why we fold it reverently 13 folds? Read below to help you remember the thoughts that go into every fold of the flag. And, remember to call your Chaplain if you know of someone in need or a cheerful card or prayer...sincerely, Paula Atwood, your Chaplain waiting in the pews

Rest in Peace:

Bobby Lee Johnston

September 16, 1946 - February 1, 2017



Did You Know...

To understand what the flag draped coffin really means. Here is how to understand the flag that laid upon it and is surrendered to so many widowers and widows.

Did you know...

at military funerals the 21-gun salute stands for the sum of the numbers in the year 1776?

Have you ever noticed...

the Honor Guard pays meticulous attention to correctly folding the United States Flag 13 times?

You probably thought it was to symbolize the original 13 colonies, but we learn something new every day!

The 1st fold is a symbol of life.

The 2nd fold is a symbol of the belief in eternal life.

The 3rd fold is made in honor and remembrance of the veterans departing the ranks who gave a portion of their lives for the defense of the country to attain peace throughout the world.

The 4th fold represents the weaker nature, for as American citizens trusting in God, it is to Him we turn in times of peace as well as in time of war for His divine guidance.

The 5th fold is a tribute to the country, for in the words of Stephen Decatur, "Our Country, in dealing with other countries, may she always be right; but it is still our country, right or wrong."

The 6th fold is for where people's hearts lie. It is with their heart They pledge allegiance to the flag of the United States Of America, and to the Republic for which it stands, one Nation under God, indivisible, with Liberty and Justice for all.

The 7th fold is a tribute to its Armed Forces, for it is through the Armed Forces that they protect their country and their flag against all her enemies, whether they be found within or without the boundaries of their republic.

The 8th fold is a tribute to the one who entered into the valley of the shadow of death, that we might see the light of day.

The 9th fold is a tribute to womanhood, and Mothers. For it has been through their faith, their love, loyalty and devotion that the character of the men and women who have made this country great has been molded.

The 10th fold is a tribute to the father, for he too, has given his sons and daughters for the defense of their country since they were first born.

The 11th fold represents the lower portion of the seal of

King David and King Solomon and glorifies in the Hebrews eyes, the God of Abraham, Isaac and Jacob.

The 12th fold represents an emblem of eternity and glorifies, in the Christians eyes, God the Father, the Son and Holy Spirit

The 13th fold, or when the flag is completely folded, the stars are uppermost reminding them of their nations motto, "In God We Trust."

After the flag is completely folded and tucked in, it takes on the appearance of a cocked hat, ever reminding us of the soldiers who served under General George Washington, and the Sailors and Marines who served under Captain John Paul Jones, who were followed by their comrades and shipmates in the Armed Forces of the United States, preserving for them the rights, privileges and freedoms they enjoy today.

There are some traditions and ways of doing things with deep meaning. In the future, you'll see flags folded and now you will know why.

Share this with all who love what is referred to, the symbol of "Liberty and Freedom."

ONE NATION, UNDER GOD, WITH LIBERTY AND JUSTICE FOR ALL. - Author: Unknown - Submitted by Paula Atwood, Chaplain

Service Officer:

Most people have an occasional headache that goes away after a short time, and these can happen for a number of different reasons. There are several common types of headaches:

- Tension headaches, which are frequently caused by stress

- Cluster headaches, which usually occur on one side of your head and may also cause a watery eye and nasal congestion on that same side

- Migraine headaches, which may be triggered by bright lights or certain foods or smells and make you feel nauseated

Frequent or recurring headaches can be signs of ongoing tension, increasing stress, or other medical issues. Veterans who have headaches may be experiencing them because of [stress](#) or emotional strain, such as specific experiences in the military, a [job change](#), or challenging family situations. Overuse of painkillers, withdrawal from [drugs or alcohol](#), overwork, [poor sleep](#), or [irregular meals](#) may also cause severe headaches.

Some Veterans may have headaches due to whiplash or a [traumatic brain injury \(TBI\)](#). TBI is the result of injury to the brain when the head is hit or shaken. Veterans are at risk for TBI if they were involved in a:

- Blast or explosion

- Vehicular accident or crash

- Fragment wound above the shoulder

- Fall

- Blow to the head from a sporting event, fight, or other injury

If I'm experiencing headaches, what can I do about it right away?

- Try to rest with your eyes closed and head supported.

- Practice relaxation techniques, such as deep breathing or taking a warm shower and releasing the tension in your back, neck, and shoulders.

- Use an ice pack on the painful area of your head.

- Ask someone to rub your neck and back, or get a massage.

- Use an over-the-counter painkiller such as ibuprofen, acetaminophen, or aspirin — only as directed and once in a while. Some pain relievers can actually make headaches worse, particularly if used too often. These are called "rebound headaches."

- Making some simple changes in your lifestyle can also help you avoid or reduce headaches.

- Get enough sleep and try to follow a regular sleep schedule.

- Eat regularly, without skipping meals, and choose healthy foods without large amounts of salt or caffeine.

- Maintain good posture, especially if you work at a desk or frequently use the phone.

- Drink water throughout the day to stay hydrated.

- Take the next step: Make the connection.

Every day, Veterans connect with useful resources and effective treatments for headaches. If headaches are affecting your health and well-being or getting in the way of your relationships, work, or daily activities, you may want to reach out for support. Consider connecting with:

- Your doctor. Ask if your doctor has experience treating Veterans or can refer you to someone who does. If you feel comfortable enough with your physician, he or she may be able to help you find tools to manage headaches even without direct experience with Veterans. (cont. below)

- A mental health professional, such as a therapist

- Your local VA Medical Center or Vet Center. VA specializes in the care and treatment of Veterans.

- A spiritual or religious adviser

I visited with these two gentlemen (see business cards below) at the May Stand Down. They offered to supply me with excellent and current resource information very soon, but feel free to contact them if you have specific needs or questions. Ruth Aresvik, Service Officer



Vet Center

Curley Lawson, MSW
Veteran Readjustment Counselor

Spokane Vet Center
"Keeping the Promise"
13109 E. Mirabeau Parkway
Spokane Valley, WA 99216
PHONE: 509-444-8387. 509-893-4742 . FAX: 509-444-8388

Eliseo "Joe" Dumlao


VETERANS OUTREACH PROGRAM SPECIALIST

SPOKANE VETERANS CENTER
13109 East Mirabeau Parkway
Spokane Valley, WA 99216
Main: 509.444.8387
Office: 509.893.4743
Fax: 509.444.8388
Eliseo.Dumlao@va.gov

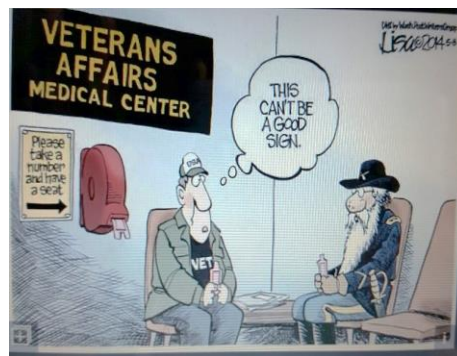
"Keeping the Promise"

www.VetCenter.va.gov

Readjustment Counseling for:
Combat Veterans
Active Duty Military with Combat Experience
Military Sexual Trauma Survivors
Gold Star Family Bereavement



Now for a bit of humor compliments of our Service Officer, Ruth:



A Healthier You:

Be Prepared When You See a Doctor

How many times have you gone for medical treatment and spent 20 minutes answering routine medical history questions? Well, I did too many times to count. So, calling on my nursing educator experience, I designed a medical history form that would provide the answers to all those questions. I keep one with me at all times, and have been thankful so many times that I didn't have to depend on my memory. If I am ever unable to communicate in a medical emergency, my information is readily available. My husband has a medical history form as well, and we each carry our own and our spouse's. We update them after each medical visit as appropriate.

In an effort to be helpful (my nursing instinct), I've provided the form on page 9 of this newsletter. It's a MS Word document so you should be able to select it, copy it, and paste it into Word to edit. The instructions are given in parentheses and italicized.

The table cells are set to autofit to contents. Try to keep your history form to two pages so it can be printed front to back and fit on one sheet of paper. Reduce the tables if necessary, and set the margins to ½ inch all around. Print it out, fold it in quarters, and put it in a sandwich zip lock bag in your wallet or purse.

If you have questions, or need the document emailed to you, give me a call at 509-981-3413. I hope you find this useful. Your Editor, Jean

In Memoriam

Our Post has received the following Veterans Remembrance Donations for Memorial Day:

\$365 from Paula Atwood who wrote: "I cannot provide one name.... a single Veteran I wish to honor with my donation. So this donation is given, not to draw special attention to any specific war, Veteran, POW or MIA. It is simply to give honor and show faith for each and every past and living American soldier, sailor and airman/airwoman...whether known specifically by their name...or those known only to God"

\$365 from Len and Mary Crosby who wrote: "We enclose our Veteran Remembrance Donation to American Legion Post 154.

With this donation, we wish to remember Len's Grandfather, Army Captain Leonard Crosby Sr. who served our Country in World War I and our Fathers, Army Brig. General Leonard A. Crosby, Jr. who served our Country for 38 years in World War II, Korea and Vietnam; and Air Force Staff Sgt. Roy Hibner who served our Country in World War II."

To see the "In Memoriam" page, go here: <http://www.rathdrumpost154.org/index.php?id=134>

To make a memorial donation, see page 13 of this newsletter.

Mark Your Calendar:

June 2 - Parking for track meeting Southeast Corner of Ramsey & Highway 53

June 3 - Pumpkin Patch Planting

June 10 - Applebee's breakfast \$10 to support the DAR

June 14 - Flag Day and the 242nd Anniversary of the US Army

1. Flag Retirement Ceremony 10 AM @ Lions Club

2. Executive Committee Meeting immediately following Flag Retirement

June 25 - Start of the Korean War (1950)

June 28 - Post 154 Membership Meeting

The DAV 9 website has a great listing of upcoming events and links to them. You can find that here:

<https://www.dav9.com/attend-current-events>

Bits & Pieces

- I am looking for a co-chairman for the Veterans Recognition Day event this year. I will take place around Veterans' Day in November. If you would like to be involved with this project, please call me at 509-981-3413. Thanks, Jean
- Charlotte Craig, wife of our Post member, Craig, made 3 beautiful afghans for Veterans. They will be taken to the Veterans' Home in Lewiston where they will make some veterans very warm and comfortable, and remind them they are not forgotten. Thank you Char!
- BTW, there were at least 15 Post 154 members who helped at Stand Down this year. Thank you to all of you! We do make a difference!



To see some great pics of our volunteers, go here:

http://www.rathdrumpost154.org/site/photogsallery.php?cat_id=20

and scroll across above the photo to select the Stand Down album.

- New officers were installed at our meeting on May 24th. To see a list of the officers, click [Here](#).

GIVING A LITTLE BACK

May 15, 2017 at 5:00 am | By DEVIN HEILMAN Staff Writer (CDA Press)



CHRIS CHAFFEE/Special to The Press Homeless veteran Mark Gajda of Sandpoint is assisted by Denny McMonigle of Disabled American Veterans Chapter 9 in receiving free clothing and other Department of Defense surplus items.



CHRIS CHAFFEE/Special to The Press Members of the Kootenai County Sheriff's Office thank homeless Air Force veteran Jim Gavras for his service Saturday during the annual North Idaho Veterans Stand Down at the fairgrounds.

COEUR d'ALENE — Wearing his black and yellow Army jacket, 35-year-old veteran Karl Llewellyn wandered through the North Idaho Veterans Stand Down.

"I love it. I've talked to a bunch of guys from Vietnam up to my era," he said. "I even talked to one Korean veteran."

Llewellyn, of Post Falls, served from 2004-07. This was his second time going to the Stand Down, which took place Saturday in the Jacklin Building and the southern lawn of the Kootenai County Fairgrounds.

"I think it's a positive thing," he said. "There's any number of resources in the building that are useful for veterans, possible job training or whatnot for others, like some of the homeless veterans. There's surplus they hand out to help them out. And it's nice to see all the people coming out to support veterans."

By 9 a.m., just one hour after the Stand Down opened its doors, Stand Down coordinator Eric Swanbeck estimated at least 700 veterans had come through the door, with hundreds more yet to arrive.

"We've really put a lot of time and effort into marketing a day of appreciation for all veterans. We added the air soft (gun target practice) and the food and the ice cream," he said. "With all these things, we're trying to attract all younger veterans who say, 'Nah, I'm not going.' We've put a huge effort into it and it seems like it's paying off."

This was the 24th year for the North Idaho Veterans Stand Down. For those in the military, to "stand down" means a cease fire, a time to relax and regroup. This annual event gives veterans of all ages, abilities and walks of life from across the region an opportunity to receive free services, including haircuts and dental exams, and assistance where they might be struggling. Military surplus is given to veterans who are homeless.

This year's event featured 50 service providers and 15 employers as well as a tasty pancake breakfast and equine therapy.

"Living here, there are so many resources for veterans and the homeless," said Cassidy Jones of Post Falls, who volunteered at the event through St. Vincent de Paul. "I think it's amazing these people are here and we're here to help them when they helped us."

Immunizations	Date	Side Effects

Family Medical History:

Relationship (<i>add others if significant</i>)	Age	Known Medical Conditions/ Cause of Death
Mother		
Maternal Grandmother		
Maternal Grandfather		
Father		
Paternal Grandmother		
Paternal Grandfather		
Sister		
Brother		

(End)

Have you tried to get VA health care benefits? Should you?

Here is my experience: Two years ago, I applied for benefits, but was denied on the basis of income. After hearing a presentation given by Kelly McAdams, a VA health benefits eligibility representative from the local VA hospital, I decided to try again. I put together a list of all income and medical expenses I could think of, and trotted up to the 7th floor of the VA hospital in Spokane. Kelly was there and looked over my paperwork. He said, "Did you include every band aid and vitamin?". When all was said and done, I was approved within a few hours!

As the hospital and our local clinic are both understaffed right now, I was put into the Veterans Choice Program for a primary care doctor. This means I'll be seeing someone in the community. The upshot of all of this is; my prescriptions will cost either \$5, \$8, or \$11 a month co-pay, and office visit co-pays are \$15 for primary care and \$50 for specialty care, and I can drop some of the insurance I've been paying for. So, in my case, it was well worth that second try.

If you are a Veteran (not retired or active duty), take the time to see if you're missing something you may be eligible for. Click this link to go to the main eligibility page:

<https://www.va.gov/healthbenefits/apply/veterans.asp>

Here is the link for the application form: <https://www.vets.gov/healthcare/apply/>

And here is the phone number for Kelly McAdams at the VA hospital: 509-434-7009. You can speak to anyone there. The Eligibility Department is on the 7th floor. Go into the mail hospital, up the elevators to the 7th floor and turn right. You see a waiting area with a counter to your right. No appointment is needed. Good Luck!!

Korean War begins!

June 25, 1950

Armed forces from communist North Korea smash into South Korea, setting off the Korean War. The United States, acting under the auspices of the United Nations, quickly sprang to the defense of South Korea and fought a bloody and frustrating war for the next three years.

Korea, a former Japanese possession, had been divided into zones of occupation following World War II. U.S. forces accepted the surrender of Japanese forces in southern Korea, while Soviet forces did the same in northern Korea. Like in Germany, however, the "temporary" division soon became permanent. The Soviets assisted in the establishment of a communist regime in North Korea, while the United States became the main source of financial and military support for South Korea.

On June 25, 1950, North Korean forces surprised the South Korean army (and the small U.S. force stationed in the country), and quickly headed toward the capital city of Seoul. The United States responded by pushing a resolution through the U.N.'s Security Council calling for military assistance to South Korea. (Russia was not present to veto the action as it was boycotting the Security Council at the time.) With this resolution in hand, President Harry S. Truman rapidly dispatched U.S. land, air, and sea forces to Korea to engage in what he termed a "police action." The American intervention turned the tide, and U.S. and South Korean forces marched into North Korea. This action, however, prompted the massive intervention of communist Chinese forces in late 1950. The war in Korea subsequently bogged down into a bloody stalemate. In 1953, the United States and North Korea signed a cease-fire that ended the conflict. The cease-fire agreement also resulted in the continued division of North and South Korea at just about the same geographical point as before the conflict.

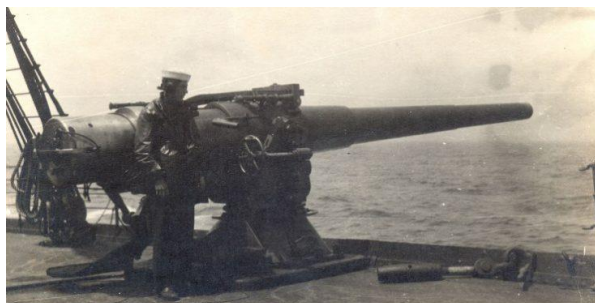
The Korean War was the first "hot" war of the Cold War. Over 55,000 American troops were killed in the conflict. Korea was the first "limited war," one in which the U.S. aim was not the complete and total defeat of the enemy, but rather the "limited" goal of protecting South Korea. For the U.S. government, such an approach was the only rational option in order to avoid a third world war and to keep from stretching finite American resources too thinly around the globe. It proved to be a frustrating experience for the American people, who were used to the kind of total victory that had been achieved in World War II. The

public found the concept of limited war difficult to understand or support and the Korean War never really gained popular support.

Casualties of the Korean War

The Korean War was relatively short but exceptionally bloody. Nearly 5 million people died. More than half of these—about 10 percent of Korea’s prewar population—were civilians. (This rate of civilian casualties was higher than World War II’s and Vietnam’s.) Almost 40,000 Americans died in action in Korea, and more than 100,000 were wounded. *Page cited from the History Channel*

100 years later: Remembering the first American casualties of World War I



Posted on Saturday, May 20, 2017 8:28 am
Posted in Honoring Vets, Top Stories, Women Veterans by Vantage Point Contributor

It was a warm Sunday afternoon on May 20, 1917, as nurses and doctors of Chicago’s Base Hospital Unit No. 12 gathered on deck of the *U.S.S. Mongolia* to watch Navy gunners conduct target practice.

Laura Huckleberry, one of the nurses standing on deck, had grown up on a farm near North Vernon, Indiana, and graduated from the Illinois Training School for Nurses in 1913. With Huckleberry were her roommates, Emma Matzen and Edith Ayres, also graduates of the Illinois Training School Class of 1913 and Red Cross Reserve Nurses selected for coveted spots in the hospital unit.

Also enjoying the Atlantic breezes while lounging in deck chairs or standing at the ship’s railing, the group included Scottish-born Helen Burnett Wood, a nursing supervisor at Evanston Hospital. Wood’s mother had protested her daughter’s decision to join the unit, but the 28-year-old Wood had written just before the ship sailed to tell them not to worry.

But Wood’s mother’s worst fears soon materialized.

CHICAGO’S FIRST WOMEN VICTIMS OF ACTUAL WAR



Left to right—Mrs. Edith Ayres, Miss Emma Matzen and Miss Helen Burnett Wood, all members of Red Cross Hospital Unit No. 12, the Northwestern University unit. Mrs. Ayres and Miss Wood were killed and Miss Matzen was wounded accidentally during practice firing at sea aboard the armed American merchantman *Mongolia* carrying the unit to Europe for nurse service.

“We watched them load and fire and then Emma said, ‘Somebody’s shot,’” Huckleberry later wrote of the event in her diary. “I turned and saw two girls on the deck and blood all around.”

Pieces of flying shrapnel struck Ayres in the left temple and her side, while Wood’s heart was pierced. Both were killed instantly. Matzen suffered shrapnel wounds to her leg and arm. As doctors and nurses attended to their fallen comrades, the ship turned around and returned to New York. The wounded Emma Matzen was taken to the Brooklyn Naval Yard Hospital, then transferred to New York Presbyterian Hospital and later to convalesce at Walter Reed Army Hospital in

Washington, D.C. These three women became the first American military casualties of World War I. But it was unclear whether they were entitled to military benefits. Before their bodies were shipped home,

Ayers and Wood were honored by the American Red Cross in a memorial service at St. Stephen's Church. Their coffins, placed side by side, were draped with the Allied flags as New Yorkers paid their respects. Although technically not buried with full military honors, the two nurses were honored in their local communities in elaborate public services described as "similar to those accorded the sons of Uncle Sam who fall on the field of battle." In honor of their martyred patriot, 32 autos in a "slow and solemn march" accompanied the hearse carrying Edith Ayers' casket from the rail junction to Attica, Ohio. Area schools were closed for two days and most of the community paid their respects as her body lay in state in the Methodist Church. The burial concluded with a 21-gun salute from the 8th Ohio National Guard as a delegation of Red Cross nurses and representatives of the governor and the state of Ohio stood in silence. Wealthy financier and former Evanston mayor James Patten, whose wife was a friend of Helen Wood, telegraphed his New York representative to have the body shipped to Chicago at his cost. Evanston Hospital, Northwestern University and First Presbyterian Church officials took part in planning the memorial services after obtaining the consent of relatives.

More than 5,000 people lined the streets of Evanston to view her funeral escort, which included a marching band, 50 cadets from Great Lakes Naval Station, Red Cross nurses, hospital and university officials and other dignitaries. Following church services, a contingent of Red Cross nurses accompanied grieving family and friends to the gravesite.

Part of the ambiguity about the military status of these nurses came from the fact that they were enrolled by the American Red Cross before being inducted into the U.S. Army. They also served without rank or commission. Although the Army and Navy had formed nursing corps before the war, this was the first time they had inducted women in large numbers.

The Senate Naval Affairs Committee investigated the incident, determining that it resulted from the malfunctioning of the brass cap on the powder cartridge case and ordering changes to naval guns to prevent recurrence of such mishaps. But as U.S. war casualties mounted, these women were soon forgotten.

Emma Matzen recovered from her injuries and rejoined her unit in France later that year. In 1919, she returned home to Nebraska, where she and a sister, also a nurse, ran a small hospital. Each adopted infant girls who had been abandoned at the hospital; both girls later became nurses as well. Matzen moved to Ft. Wayne, Indiana, in 1949 where she did private duty nursing until she was 87. She was the only female among the 49 residents in her local VA Hospital; she died in 1979 at the age of 100.

Until the mid-1940s, the Edith Work Ayers American Legion Post in Cleveland was an all-women's group comprised of former WWI Red Cross nurses and volunteers. The Attica Ohio Historical Society has honored her during annual Memorial Day ceremonies. Ayers' graveside, although also without mention of any military service, has an American Legion marker. An Attica high school student, with the endorsement of the American Legion, has applied to the Ohio History Commission for a plaque to be placed in Attica in honor of its native daughter.

In Northesk Church near Musselburgh, Scotland, Helen Wood's name is the first listed on a Roll of Honor of the congregation's WWI deceased. In 2014, the flag which draped her coffin and her Red Cross pin were displayed in a WWI exhibition at the local museum. But Helen Wood is buried thousands of miles away in Chicago's Rosehill Cemetery. Among the grand tombstones of famous Chicagoans and war veterans, Wood's simple headstone makes no mention of her military death. Her wartime sacrifice is recognized only by a marker provided long ago by the Gold Star Father's Association.

On the centennial of the accident aboard the *Mongolia*, a public wreath laying ceremony will be held at Helen Burnett Wood's grave site in Rosehill Cemetery May 20. Part of "Northwestern Remembers the First World War", a series of exhibits, lectures, and commemorations from Northwestern University Libraries will also be part of the remembering of America's first casualties of WWI. Support of the event is provided by the [Pritzker Military Museum & Library](#).



Honor and remember a Veteran who touched your life, and at the same time help our local veterans.

Please consider joining our Memorial Program by donating to Manuel Schneidmiller American Legion Post 154 either:

_____ a dollar a day (\$365)

_____ a dollar a week (\$52)

_____ a dollar a month (\$12)

_____ or some other amount you choose

The American Legion Post will include the name of the Veteran and any details you wish to share about their service to our Country and our Community on our In Memoriam webpage, and in each of its Monthly Newsletters throughout the year. We will also send an electronic copy of our monthly Newsletter to you.

This is a perfect way for you to HONOR and REMEMBER your special Veteran and support the work the American Legion does to help our local Veterans and those from our Community actively serving in our Military. Send your tax-deductible donation and information on your loved one to:

MANUEL SCHNEIDMILLER AMERICAN LEGION POST
154

POST OFFICE BOX 1116

RATHDRUM, ID 83858

THANK YOU!

Questions? E-Mail: rathdrum154@gmail.com



St. Vincent DePaul North Idaho presents

Veterans First Annual Weightlifting Competition

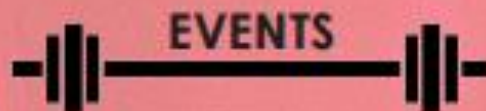


Veterans & Disabled (Physical) Veterans Weight Classes

JULY 29, 2017 1:00 - 4:00PM

AT PEAK HEALTH & WELLNESS CENTER, CDA

\$25 Refundable Entrance Fee



Bench Press - Squat - Dead Lift

Trophies for combined winner in each weight class and first in each event.

More Information or Register – (208) 664-3095, Ext. 314

