



# Manuel Schneidmiller Post 154, Inc. Rathdrum Idaho Newsletter

Volume 7 Issue #11

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Meeting at: Lions Club 16114 N. Meyer Rd Rathdrum - Editor: Jean Bledsoe

November 2022

Website: [Rathdrumpost154.org](http://Rathdrumpost154.org)

Mailing Address: PO Box 1116, Rathdrum ID



## Manuel Schneidmiller Post 154 Mission Statement

The American Legion Post 154 is a patriotic veterans organization devoted to mutual helpfulness to support Veterans and the Community at large. We are committed to mentoring and sponsorship of youth programs, advocating patriotism and honor, promoting a strong national security, and continued devotion to our fellow service members, veterans, and their families in our communities. Our success depends entirely on active membership, participation and volunteerism. This organization belongs to the people it serves and the community in which it thrives.

## Commander:

Good day to my American Legion Family,

Of all the holidays and commemorations that we hold dear in the United States, the anniversary observed at the 11th hour of the 11th day of the 11th month, is special. This was the time and date in 1918 that the Armistice with Germany effectively ended the First World War. Originally, the holiday was referred to as Armistice Day to honor the veterans of that war.

Decades later, it was re-named Veterans Day to honor all U.S. military veterans (living or deceased) for their service to our country whether it was during wartime or peacetime. Some citizens (the truly uninitiated) may wonder what makes Veterans so important to America. The answer is quite simple, our Veterans are our *history*.

Our first veterans won our Independence and our freedom to build the greatest democracy the world has ever known. We remain a free country thanks to those veterans of the American Revolution and all the veterans who followed. The whole of Europe is free because of the veterans from the United States and its Allies from two World Wars. We are still fighting the War on Terrorism and each day one of our brothers or sisters are in danger. We as veteran's stand together no matter what the mission.

Numerous observances are planned for this upcoming Veterans Day, nationally and here in the Kootenai county area. Please put on your calendar November 5<sup>th</sup> to come to our annual Veterans Recognition event to be held at the Shepard of the Hill church in Rathdrum. Also, on November 11<sup>th</sup> at 11 a.m. an event will take place at McEuen Park in Coeur d'Alene and then at 2 p.m. we will be celebrating the opening of the North Idaho Veteran's Home in Post Falls. What a great week for veterans! I hope to see you all there. But whatever YOU are doing on Friday, November 11th, be sure to have a moment of silence at 11 am in respect to all America's veterans.

For God and Country. - Dee Sasse, Commander



### Need help with Medicare insurance?

Post 154 member and Senior Health Insurance Benefits Advisor Janine Wilson gave an excellent presentation at our last membership meeting about help that is available to Medicare recipients when trying to wade through the insurance programs offered to seniors. SHIBA is a service of the Idaho Department of Insurance, under the federal network of State Health Insurance Assistance Programs (SHIPs) serves Idahoans on Medicare and those who help them by offering free, unbiased Medicare benefits information and assistance through workshops, group presentations and personal counseling. If you would like help in determining what, if any, Medicare supplement or advantage plan you need, and what is actually available in Idaho, contact [Janine Wilson](#), Volunteer Services Coordinator-Medicare Counselor, 2005 Ironwood Pkwy Suite 143, 208-664-5480



I can't believe November is here??? Seems like it was only yesterday, and it was July, and we were starting our renewals for 2023. Here, it's really November, 77 members have yet to renew before December 31<sup>st</sup>. That is 43% of our goal. That's quite a number of people who still need to renew in a short time.

***We could earn a \$500 incentive check from the Department of Idaho, if we can reach 100% membership by December 31, 2022.***

We came up way short earlier on a department incentive, I'm hoping we can do better on this one. Keep in mind, all unpaid dues after January 1, 2023, are delinquent and if not paid by February 2023, they are expired.

Renew today to continue your active membership. We have 95 paid members, please check your ID card, if it is for 2023, you are already paid. The easiest and quickest way to renew is still online.

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Go to [legion.org/renew](https://legion.org/renew) and have your ID # and credit card ready.

***DO NOT PRESS ANY BUTTONS THAT SAY "JOIN". PRESS ONLY THE "RENEW" BUTTON!***

If you wish to pay the Post directly, mail your \$45.00 check to: **American Legion Post 154**

**PO Box 1116, Rathdrum, ID 83858**

**Thank you for renewing before  
December 31, 2022**

***IT'S NOT THE AMOUNT YOU PAY TO  
BECOME A MEMBER,  
BUT THE PRICE YOU PAID TO BE  
ELIGIBLE!***

Bill Kinder 1<sup>st</sup> Vice Commander, Membership Chairman, 208.661.6850 – [wakinder74@gmail.com](mailto:wakinder74@gmail.com)

### **Reporting Volunteer Hours**

I will be taking over the monthly volunteer hours reporting that Len used to do. The last week of every month, please send your hours to [lionlonnie@gmail.com](mailto:lionlonnie@gmail.com). I will tally them and send a report to our Post Adjutant. I'll get with Len and obtain a copy of what he has. Thank you.  
Lonnie Morse

Editor's Note: Tabulating and reporting our volunteer hours is very important. It gives the Department an accounting of what we do in our community. It also, and most importantly, gives us power in both the state and national legislature to get bills passed that are favorable to veterans. So please keep track of hours you spend helping Veterans, youth, Honor Guard, and the community. This can be through your church, other service organizations you belong to, volunteering for places like Newby-ginnings, or visiting veterans at home or wherever they are staying. And don't forget the hours you spend doing the work required of your office for those organizations!

### Finance Officer:

Len is floating around the Aegean so check out Bits & Pieces in this newsletter for a link to the financial report.

### Chaplain's Pew:



Helen Kinder, Chaplain

### Sick Call & Taps:

- Lonnie Morse is recovering well from his hip replacement and even attended the October Membership meeting.
- Charlie Till and his wife Carol are getting their home back in order after hurricane Ian. Charlie has been struggling with an infected toe but is now on the mend.
- Theresa Richardson fell and broke her arm, requiring surgery to repair it.

Please continue to keep Lonnie, Charlie, and Theresa in your thoughts and prayers.

### Rathdrum Lions Have Been Busy

Ever wonder what those people in the yellow vests do? Well let me tell you. We are all about the community and people. In the last six months, we have:

- paid for two glasses and exams for people that couldn't afford them
- paid for a hearing aid
- gave out \$2,000 in scholarships
- feed 110 students for the 2- and 3-day weekends of the school year
- put up and took down 33 American flags at 27 businesses on 3 holidays
- held a pancake, sausage, egg breakfast for the community
- been selling raffle tickets on a whole angus beef
- recycled 450 pairs of glasses
- 4 times we recycled 500 pounds of plastic to receive a TREX bench and donate to a local charity (valued at \$375 each)
- cut, split, delivered 17 cords of firewood to people needing help with heat
- put on a picnic and duck race at city park for the community (free)

I'll stop here. We have done a lot more but I'm taking up too much space in the newsletter. Any time you want to talk about the Lions, just let me know. - Submitted by Lion & Post 154 Member Lonnie Morse

## Service Officer:

Hello and Happy November to my fellow Veterans. Here is some information that was recently covered at the Kootenai County Veterans Council. Thanks to Len Crosby for passing on this information. This only applies to “**VA Health Care recipients**” – those enrolled and actively receiving VA Health Care. Keep in mind, the VA may have other processes based on the Veteran's particular situation.

Obtaining wheelchair ramps, hospital beds, etc. has at times been challenging for Veterans and those in the community trying to lend assistance. The issue of durable medical equipment can be complicated. **What is an example of durable medical equipment?** Personal care aids like bath chairs, dressing aids, and commodes. Mobility aids such as walkers, canes, crutches, wheelchairs, scooters and ramps. Bed equipment like hospital beds, pressure mattresses, blankets, and lift beds.

According to a VA representative, the quickest and most efficient way for a Veteran to obtain the types of items listed above is to be assessed by an “**Occupational Therapist**” (OT). This assessment can only be done by obtaining a “**referral**” from the Veteran’s primary care or specialty care doctor. The Occupational Therapist will determine the need based on the assessment and forward a requisition for the appropriate medical equipment.

Contact your VA primary care and/or VA specialty care provider for further information.

Anyone outside the VA Health Care system needs to contact Kootenai County Veterans Council for a current list of resources for available durable medical equipment in the community.

Editor’s Note: One resource for those outside of the VA health system is Newby-ginnings. If you are not already a client there, you should be. Just come in with proof of military service (nothing else matters, income, time served, discharge...) and you’ll get signed up. Then we can refer you to the associate who provides our clients with durable medical equipment.

## Also...

You’ve likely already heard about how the PACT Act could impact your care and benefits, but did you know it also expands health care eligibility for many Veterans?

When President Biden signed the PACT Act Aug. 10, 2022, it initiated one of the largest expansions of VA benefits in history. This includes extended VA health care enrollment eligibility to Vietnam-era, Gulf War-era and Post-9/11 Veterans.

You can help spread the word about expanded eligibility to enroll in VA health care for your Veteran friends who have not previously enrolled. Here are all the details you need to know to help them get the care they earned and deserve.

For Vietnam-era Veterans who served in the following locations and time periods are eligible to apply for enrollment beginning now:

- Republic of Vietnam between Jan. 9, 1962, and May 7, 1975
- Thailand at any U.S. or Royal Thai base between Jan. 9, 1962, and June 30, 1976
- Laos between Dec. 1, 1965, and Sept. 30, 1969
- Certain provinces in Cambodia between April 16, 1969, and April 30, 1969
- Guam or American Samoa (or their territorial waters) between Jan. 9, 1962, and July 31, 1980
- Johnston Atoll (or a ship that called there) between Jan. 1, 1972, and Sept. 30, 1977 Cont. below

### **For Gulf War-era Veterans**

Beginning Oct. 1, 2022, Gulf War-era Veterans who served on active duty in a theater of combat operations after the Persian Gulf War may be eligible to enroll in VA health care.

This also includes Veterans who, in connection with service during such period, received the following awards or recognitions:

- Armed Forces Expeditionary Medal
- Service Specific Expeditionary Medal
- Combat Era Specific Expeditionary Medal
- Campaign Specific Expeditionary Medal
- Any other combat theater award established by Federal statute or Executive Order

### **For Post-9/11 Veterans**

Post-9/11 Veterans discharged before Oct. 1, 2013, can enroll in VA health care during a special 1-year enrollment period between Oct. 1, 2022, and Oct. 1, 2023. To be eligible, one of the following must be true:

- They served on active duty in a theater of combat operations during a period of war after the Persian Gulf War, or
- They served in combat against a hostile force during a period of hostilities after Nov. 11, 1998.

### **How to talk to your friends about VA health care**

If you have eligible Veteran friends who aren't currently enrolled, they may be hesitant to apply for any number of reasons. Consider sharing your own experience to help demystify the process. Remind them that they earned the right to this care through their service and point them in the direction of resources to help – like visiting their nearest VA medical center or clinic.

Plus, it's free and easy to apply. Read on for more details about VA health care and the four simple options for applying.

#### **Fast facts about VA health care**

- Enrollment is free, and health care may be free as well.
- VA health care for any illness or injury determined to be related to your military service (called "service connected") is free. The PACT Act added more than 20 presumptive conditions, expanding benefits to Vietnam-era, Gulf War-era, and Post-9/11 Veterans.

Check out the complete list of new presumptive conditions at [www.va.gov/PACT](http://www.va.gov/PACT).

Tell your friends to apply for VA health care in one of four ways:

5. Online: <https://www.va.gov/health-care/apply/application/introduction>.
6. By calling the toll-free hotline: 877-222-8387.
7. By mailing [VA Form 10-10EZ](#) to:
  - Health Eligibility Center  
2957 Clairmont Rd., Suite 200  
Atlanta, GA 30329
8. In person at [their nearest VA medical center or clinic](#)

#### **Learn more about the PACT Act**

Visit [www.va.gov/PACT](http://www.va.gov/PACT) to get the latest information and updates.

- Ruth Aresvik, Service Officer

### Training Officer:

As here are no membership meetings in November or December, training will commence again in January. Happy Holidays!



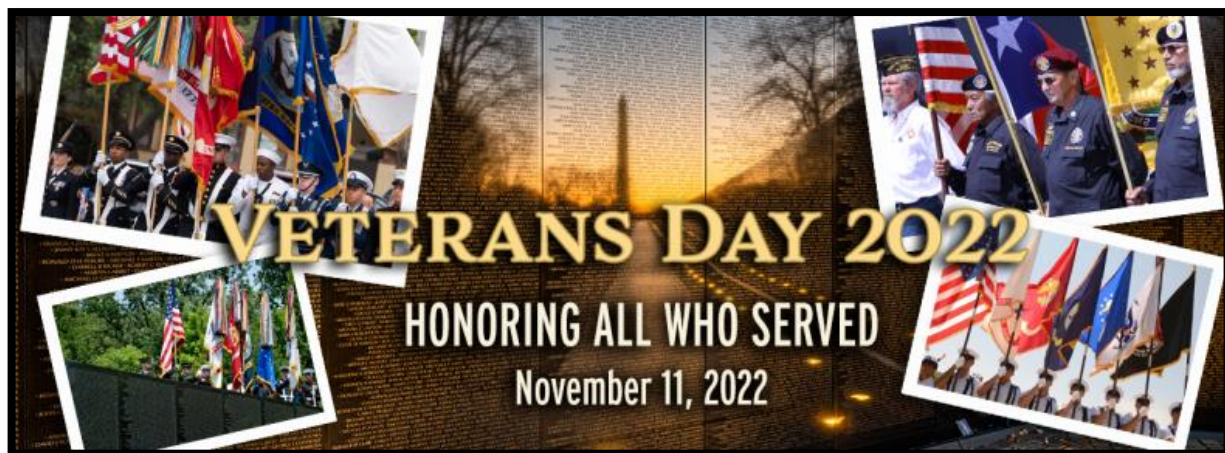
### Post 154 Honor Guard:

Our Honor Guard is very active. They march in parades, present the colors at ceremonies, and most importantly, provide a rifle salute to honor Veterans at their funerals. However, more members are always needed to serve in this capacity. If you are interested in participating in this very fulfilling activity, contact Todd Halvorson at [keltod11@gmail.com](mailto:keltod11@gmail.com) or by phone at 509-953-0885.

This month there were 11 Military Honor ceremonies for 5 Army veterans, 2 Air Force veterans, and 4 Navy veterans. These ceremonies collectively required 31 volunteers who drove 682 miles and spent 138 hours to accomplish their missions. – Bryan Bledsoe, Honor Guard Member

## Did you know...?

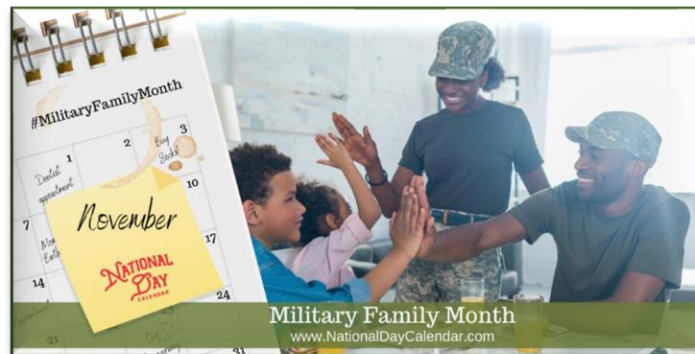
If you are rated 70% or more disabled by the VA and are in the VA health care system, you qualify for free care in a Veterans' home such as the new North Idaho Veterans Home. For more information about this home, see pages 11 & 12 in this newsletter.



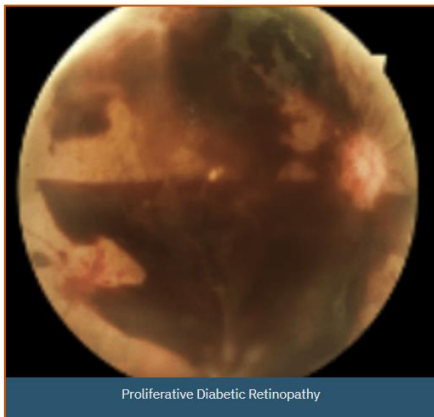
## Mark Your Calendar:

### November is Aviation History Month

November 3 <sup>rd</sup>	National Men Make Dinner Day!
<b>November 5<sup>th</sup></b>	<b>Veterans Recognition Event at Shepard of the Hills Church 11 am</b>
November 6 <sup>th</sup>	Daylight Savings Time – Turn clocks back an hour
November 8 <sup>th</sup>	Election Day
November 10 <sup>th</sup>	Marine Corps Birthday
November 10 <sup>th</sup>	<b>Post 154 Executive Committee Meeting at 6 pm Rathdrum Lions Club</b>
November 11 <sup>th</sup>	Veterans Day
November 11 <sup>th</sup>	Idaho Veterans Home in Post Falls dedication @ 2 pm with tours available between 3 pm and 6 pm. Post Honor Guard will post colors.
November 20 <sup>th</sup>	National Family Week
November 24 <sup>th</sup>	Thanksgiving (No Membership Meeting)
November 25 <sup>th</sup>	National Native American Heritage Day
November 29 <sup>th</sup>	National Day of Giving



## A Healthier You: November is Diabetic Eye Disease Month



During November, Diabetic Eye Disease Month aims a spotlight at prevention. Diabetes increases the risk for a wide variety of health concerns, but vision loss is one of the most common and preventable. Learn what you can do during Diabetic Eye Disease Month.

The biggest concern with diabetic eye disease is that there are no warning signs. When you have diabetes, the best course of action is to be proactive.

Early detection, timely treatment and appropriate follow up care are the only ways to prevent vision loss. ~ National Eye Institute

Follow this [LINK](#) to a video provided by the VA health library.



## Coffee Table Talk

As some of you may know, Len Crosby and his wife Mary are on vacation cruising around the islands of Greece (and maybe elsewhere).

He sent us this picture at the Tomb of the Unknown Soldier. How would you like to high step it in parade dress? But wouldn't you love to be there?



## Bits & Pieces

- Operation Veteran Smiles 2020, Free Dental Day for veterans. Nov. 11th. 8am to 4pm. For homeless and In-need veterans. If you know of an In-need Veteran or someone that wants to volunteer for this day, then please let us know by callings us. Basic dental services but greatly needed for health. [GenerationsDentalCDA.com](http://GenerationsDentalCDA.com) - 208-664-9225, Coeur d Alene, ID
- To view the latest financial report, go [HERE](#)
- VA disability compensation rates are increasing in 2023 based on Social Security's cost of living adjustment. Official compensation tables will be provided by VA in December 2022.
- American Legion Post 143, 1138 E Poleline AVE, Post falls, will be hosting a **free Thanksgiving dinner** November 19th, 2022, 1 PM to 4 PM. Jim Cullpepper, 143 Post Commander, tells me he is carving a lot of turkey for this, so come on down and enjoy a turkey dinner with all the fixings. This dinner is **FREE FOR EVERYONE** and not just veterans.
- VA received nearly 113,000 claims under *PACT Act*, veterans are urged to submit claims quickly.
- VA travel pay reimbursement pays eligible Veterans and caregivers back for mileage and other travel expenses to and from approved health care appointments. Find out if you're eligible and how to file a claim.
- And finally, please send your volunteer hours - time spent for veterans, children & youth, Honor Guard, and community – to Lonnie Morse at [lionlonnie@gmail.com](mailto:lionlonnie@gmail.com).

*Please Join the Rathdrum Community*

**2022**

# *Veterans Recognition Ceremony*

**Honoring all Veterans**

**Saturday, November 5**

**Shepherd of the Hills Church**

**13541 W Hwy 53, Rathdrum, ID 83858**

- . All Veterans and Families Welcome**
- . Doors Open at 10:00 AM**
- . Ceremony Starts at 11:00 AM**
- . Lunch at 12:00 PM**
- . Special Recognition To All Veterans**

Everyone is invited to this free celebration to meet, honor, & thank our Veterans. Event Sponsored by the American Legion Post 154, N.W. Guardian Riders, and the City of Rathdrum.



**POST 154**



For more information please call Barbara Williams at 208-691-7964 or Helen Kinder at 208-772-7736. For more information call Rathdrum Parks and Recreation at 208-687-2399 or go to [www.rathdrum.org/rec](http://www.rathdrum.org/rec)



Public Welcome

# DEDICATION CEREMONY



Join Idaho Governor Brad Little and local dignitaries for the dedication of the new  
**Idaho State Veterans Home in Post Falls.**

Friday November 11, 2022  
Ceremony begins at 2:00pm  
590 S Pleasant View Rd.  
Post Falls, ID



Limited tours of the Home will be offered after the ceremony 3:00-6:00pm



**Tours of the full Veterans Home** facility will be offered on Wednesday, November 9<sup>th</sup> or Thursday, November 10<sup>th</sup> to leaders in the Veteran Community, including Post Commanders and League Commandants. Please RSVP to Mitzi Cheldelin at [mitzi.cheldelin@veterans.idaho.gov](mailto:mitzi.cheldelin@veterans.idaho.gov). Tours will take place each day at 9:00 a.m., 10:00 a.m., 11:00 a.m., 1:00 p.m., 2:00 p.m., and 3:00 p.m. You must reserve a spot ahead of time for **yourself, a guest, or staff members**. Please indicate your preferred day and time and include an alternative. An email will be sent confirming your reservation.

Hiring Now  
**POST FALLS  
VETERANS NURSING HOME**

Join a talented and inspired team dedicated to the exceptional care of America's heroes.

For Current Open Positions  **SCAN ME** 

If you have questions about the facility, our open jobs, or need help applying please contact **Olivia Howard**  
 [Olivia.Howard@Veterans.Idaho.Gov](mailto:Olivia.Howard@Veterans.Idaho.Gov)  208-780-1620

**YOU ARE INVITED TO ATTEND  
THE AMERICAN LEGION POST 134  
CHRISTMAS PARTY!**

*Where: Shepherd of the Hills Church  
13541 W Hwy 53, Rathdrum*

*When: Saturday, December 10<sup>th</sup> at 1:00pm*

**THIS WILL BE A "POTLUCK MEAL"**

*Bring your favorite traditional holiday meat,  
side dish or dessert to share.*

*Come and enjoy an afternoon to celebrate the holidays  
with friends and family.*

*RSVP by Nov. 25<sup>th</sup> to: [jeanbledsoe@gmail.com](mailto:jeanbledsoe@gmail.com)*

*Let us know how many will be in your party  
and what you will be bringing.*

*Tables of 8 may also be reserved by Nov. 25<sup>th</sup>*



*Santa will be visiting again, so bring  
your kids or grandkids and a wrapped  
gift that Santa can give them.*

*Questions may be directed to:*

*Sharron McPhail*

*760-289-9266 (phone or text)*

# About the Million Veteran Program

## Making a significant impact on health research

MVP researchers use genetic, health, lifestyle, and military background information to understand how genes affect health and illness. Understanding differences in our genes can help explain why some people get diseases and respond to certain treatments while others don't. This can also help health care providers offer better preventative care and treatments of illnesses and disease.

Individual genetic information is not currently returned to our MVP partners. However, Veterans, families, and their providers can use findings from MVP to make important health care decisions.

**Thanks to our Veteran partners, MVP is on the cutting-edge of genetic research. [Read more](#) about MVP's scientific discoveries today.**

Ready to join MVP?

We hope you're ready to partner with us and help change health today and in the future. If you have any questions, call the MVP Info Center toll-free at 866-441-6075 (Monday - Friday; 8:00 a.m. - 6:00 p.m. ET). Join today

Protecting MVP Veteran partner privacy is our top priority

We are committed to keeping our MVP Veteran partner information protected. Information collected as part of MVP is stored in a secure database and is only available for research purposes. Genetic or health information from MVP is not entered in medical records or shared with insurance companies or employers. All MVP data is coded so that MVP researchers do not have full access to identifiable information such as contact information, date of birth, and social security number. Learn more about privacy and security in our FAQs.

To access this information, go [HERE](#)

Here is an excerpt from the latest **MVP Newsletter**:

An MVP study identified genetic variants that put people at risk for PTSD and depression. Another study used those findings to grow medical understanding of PTSD even more, opening avenues to explore treatments that can help. `

Researchers hope a study of the genes of people who attempt suicide can inform the way we approach suicide prevention.

A study found correlations between your height and your probability of developing several common conditions, including heart disease and circulatory disorders.

Is yogurt good for your heart? MVP research revealed new relationships between foods and health.

Go [HERE](#) to read the newsletter.



**THE IDAHO  
WOMEN VETERANS MEMORIAL**

"HONORING THE CAMRADERIE AMONG THOSE WHO SERVED"

COMING TO  
THE IDAHO VETERANS GARDEN

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**Follow us on this journey of creating a piece of  
Idaho history while honoring one of our own!**

VISIT US AT  
**[WWW.IDAHOVETERANS.GARDEN.COM](http://WWW.IDAHOVETERANS.GARDEN.COM)**  
TO LEARN MORE



Figure 1:  
Amara View  
Full Face  
Mask



Figure 2:  
DreamWisp  
Nasal Mask



Figure 3:  
DreamWear  
Full Face  
Mask



Figure 4:  
Wisp and  
Wisp Youth  
Nasal Mask



Figure 5:  
Therapy  
Mask 3100  
NC/SP

Dear Veteran:

Your safety is our top priority. VA has learned of the recall on some Philips Respironics Masks with magnetic closures for use with Positive Airway Pressure devices (CPAP or Bilevel PAP). **If you do not use a Philips Respironics mask with magnetic closures, it is not part of the recall, and you can ignore this email.**

The magnetic closures for these masks can cause implanted medical devices to malfunction if they are within 6 inches of implanted metallic medical devices. These implanted medical devices can include pacemakers, implantable cardioverter defibrillators, neurostimulators, magnetic metallic implants/electrodes/valves (placed in upper limbs, torso, or higher), cerebral spinal fluid shunts (e.g., ventriculo peritoneal shunt), embolic coils, magnetic denture attachments, certain magnetic metallic implants and others. A list of devices that may be impacted is on the [FDA website](#) and is included below. **If you, household members, caregivers, or bed partners who may be in close vicinity to you, do not have implanted medical devices, or any of the other items listed below, then no action is needed and the mask is safe to use.**

The masks included in the recall are Amara View Full Face Mask, DreamWisp Nasal Mask, DreamWear Full Face Mask, Wisp and Wisp Youth Nasal Mask, and the Therapy Mask 3100 NC/SP. VA has placed a hold on distributing these masks until updated warning labels are added or care providers confirm that the Veteran does not have one of the implanted devices noted in the recall.

If you have a mask with magnets and are concerned about interference with implanted devices, the magnets can be removed, and the Velcro strap will fit through the empty magnet space. You can contact your care provider to order plastic replacement clips or a different mask.

**Implanted metallic medical devices of concern are:**

- Pacemakers
- Implantable cardioverter defibrillators
- Metallic stents (such as aneurysm, coronary, tracheobronchial, and biliary)
- Neurostimulators (such as hypoglossal nerve stimulators)
- Magnetic metallic implants, electrodes, and valves placed in upper limbs, torso, neck, or head
- Cerebral spinal fluid shunts (such as ventriculoperitoneal shunt)
- Aneurysm clips
- Embolic coils
- Intracranial aneurysm intravascular flow disruption devices
- Metallic cranial plates, screws, burr hole covers, and bone substitute devices
- Ocular implants (such as glaucoma implants and retinal implants; intraocular lenses placed during cataract surgery are not impacted)
- Certain contact lenses with metal



- Implants to restore hearing or balance that have an implanted magnet (such as cochlear implants, implanted bone conduction hearing devices, and auditory brainstem implants)
- Magnetic denture attachments
- Implantable ports and pumps (such as insulin pumps)
- Metallic gastrointestinal clips
- Certain metallic joint replacements
- Devices labeled as Magnetic Resonance (MR) Unsafe
- Magnetic metallic implants not labeled for MR or not evaluated for safety in a magnetic field
- Metallic splinters in the eye
- Metallic shrapnel in the body

**If the magnets affect the functioning or induce movement of certain implanted metallic medical devices or metallic objects in the body, the potential risks may include:**

- For cerebral spinal fluid and ventriculoperitoneal shunts: potential increased pressure on the eye or brain, which may be fatal.
- For aneurysm clips: disrupted suture lines or clip separation, which may be fatal.
- For pacemakers: heart block or irregular heartbeat, which may be fatal.
- For cardioverter defibrillators: may fail to shock, which may be fatal.
- For neurostimulators: compression of the brain, seizures, or lead migration, which may be fatal.

**If you have an implant listed above and use a Philips Respironics mask with magnets:**

- **STOP** using the affected mask if you have one of the implants/medical devices or retained metal listed above.
- Veterans who receive their care from VA should contact their VA Medical Center Sleep Clinic immediately to determine if another mask can be used for therapy. You can call your VA care team or send them a secure message through [MyHealthVet](#).
- In the interim, switch to a non-magnetic mask if available or remove the magnets and the Velcro strap will fit through the empty magnet space. You can also contact your care provider to order plastic replacement clips or a different mask.
- Ensure the recalled mask is kept at least 6 inches away from metallic medical implants, metallic objects in the body, and medical devices that can be impacted by the magnetic fields.
- Contact your health care provider immediately, if you experience any issues related to your medical device and report the issue through the [FDA's MedWatch Voluntary Reporting Form](#).
- Household members, caregivers, and bed partners with a medical implant/device must ensure the mask is kept at least 6 inches (approx. 15.24 cm) away from the medical implant(s)/device(s).

For more information on the recall, visit the Food and Drug Administration Safety Communication website or the VA Philips Respironics Recall site for frequently asked questions. A VA News article on the recall is available here. These sites will be updated as more information becomes available.

- VA Sleep Medicine Team



## THIS IS THE CALENDAR FOR ATHOL POST 149

AMERICAN LEGION  
POST 149  
ATHOL, IDAHO  
208-683-2614

# November 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>EVERY SUNDAY 4 PM BLACKOUT BAR BINGO POTLUCK—bring a dish to share for \$1 off your first drink</p>	<p>TACO TUESDAY \$2 TACO OR TACO/MARGARITA \$7 AND BAR BINGO 4 PM</p>	<p>1  6:30 PM POTLUCK 7 PM LEGION MEETING</p>	<p>2    5 TO 8 PM</p>	<p>3  2 TO 4 PM FIBER FRIENDS  6 PM PREP &amp; PISTOL</p>	<p>4</p>	<p>5 9 A.M. AUX MTG 10 A.M. VETS RECOGNITION AT SHEPHERD OF THE HILLS, RATHDRUM</p>
<p>6   DAYLITE SAVINGS TIME ENDS</p>	<p>7  HOO-DOO VALLEY HOEDOWNERS (square dancing) 6 to 8 PM</p>	<p>8</p>	<p>9    5 TO 8 PM</p>	<p>10 MARINE CORP 247TH BIRTHDAY  2 TO 4 PM FIBER FRIENDS  6 PM PREP &amp; PISTOL</p>	<p>11 OPENING VETS HOME POSTFALLS 2 PM   BINGO 6 PM</p>	<p>12 AUXILIARY VETERANS DINNER 6 PM VETS FREE  10 TO NOON ABC MTG</p>
<p>13</p>	<p>14  HOO-DOO VALLEY HOEDOWNERS (square dancing) 6 to 8 PM</p>	<p>15 LEGION CHILI COOK-OFF ENTRIES MUST BE IN BY 5 PM SIGN UP SHEET AT THE BAR</p>	<p>16    5 TO 8 PM</p>	<p>17  2 TO 4 PM FIBER FRIENDS  6 PM PREP &amp; PISTOL</p>	<p>18</p>	<p>19  6 PM LEGION EARLY BIRD DINNER</p>
<p>20</p>	<p>21  HOO-DOO VALLEY HOEDOWNERS (square dancing) 6 to 8 PM</p>	<p>22</p>	<p>23    5 TO 8 PM</p>	<p>24  </p>	<p>25   BINGO 6 PM</p>	<p>26 AUXILIARY DINNER 6 PM STEW COOK OFF CONTACT RENEE TO ENTER 208-446-8579</p>
<p>27</p>	<p>28  HOO-DOO VALLEY HOEDOWNERS (square dancing) 6 to 8 PM</p>	<p>29  6:30 PM HOUSE COMMITTEE MEETING</p>	<p>30    5 TO 8 PM</p>			